



My outpatient appointment

Is a phone or video appointment suitable for me?

Many factors play a role when deciding what sort of appointment is best for you. Telehealth video or phone appointments are beneficial for patients who are looking to **save time, travel and costs**. Use the below checklist to see if a phone or video appointment is suitable for you.

Procedure

Do I need to have a procedure at my appointment?

Yes: Attend your appointment in person.

No: []

Imaging/pathology

Do I need x-rays, blood samples or other tests before my appointment?

Yes: Can I do this locally before my appointment?

Yes: []

No: Attend your appointment in person. []

Assessment

Do I need to be examined in person? e.g. change dressings.

Yes: Can this be performed by my local health provider? e.g. Nurse, GP

Yes: Attend your appointment in person. []

No: With your local health provider present during your appointment. []

Patient support

Do I need a carer, interpreter or support person to come to my appointment with me?

Yes: Is support available locally? e.g. family, friends or carer.

Yes: Your support person can join you. Phone and video interpreters are available. []

No: Attend your appointment in person. []

Digital skills

Do I have access and the ability to set up and use digital technology?

Yes: Is there someone who could help me? e.g. family member.

Yes: Attend your appointment in person. []

No: Attend your appointment in person. []

Location

Do I need to travel for my appointment?

We offer video and phone appointments to ALL patients (country and metropolitan) where appropriate – helping you to avoid unnecessary travel and parking, and fit your appointments into your work and family commitments. []

Ask your health provider for a phone or video appointment
Save you time • Save you travel • Save you cost *If you are unsure, speak with your health provider.*